



*Mudita*

# ROTARY CLUB OF KOLKATA BENEVOLENCE

**District 3291; Club No: 222538**

**Volume 3: Issue 5: December 2022**

## ROTARY MEMBERS

- RI President: Rtn. Jennifer E. Jones
- District Governor: Rtn. Ajoy Kumar Law
- Club Charter President : Rtn. Kaushik Sen
- President: Rtn. Reshma Narwani
- Vice President: Rtn. Chandan Gupta
- Secretary: Rtn. Shweta Singh
- Joint Secretary: Rtn. Aditi Jhunjhunwala
- Administration Chair: Rtn. Bijal Kabra
- Editor: Rtn. Rohit Raj Ghosh



## From the Editor's Desk

Dear Rotarians,

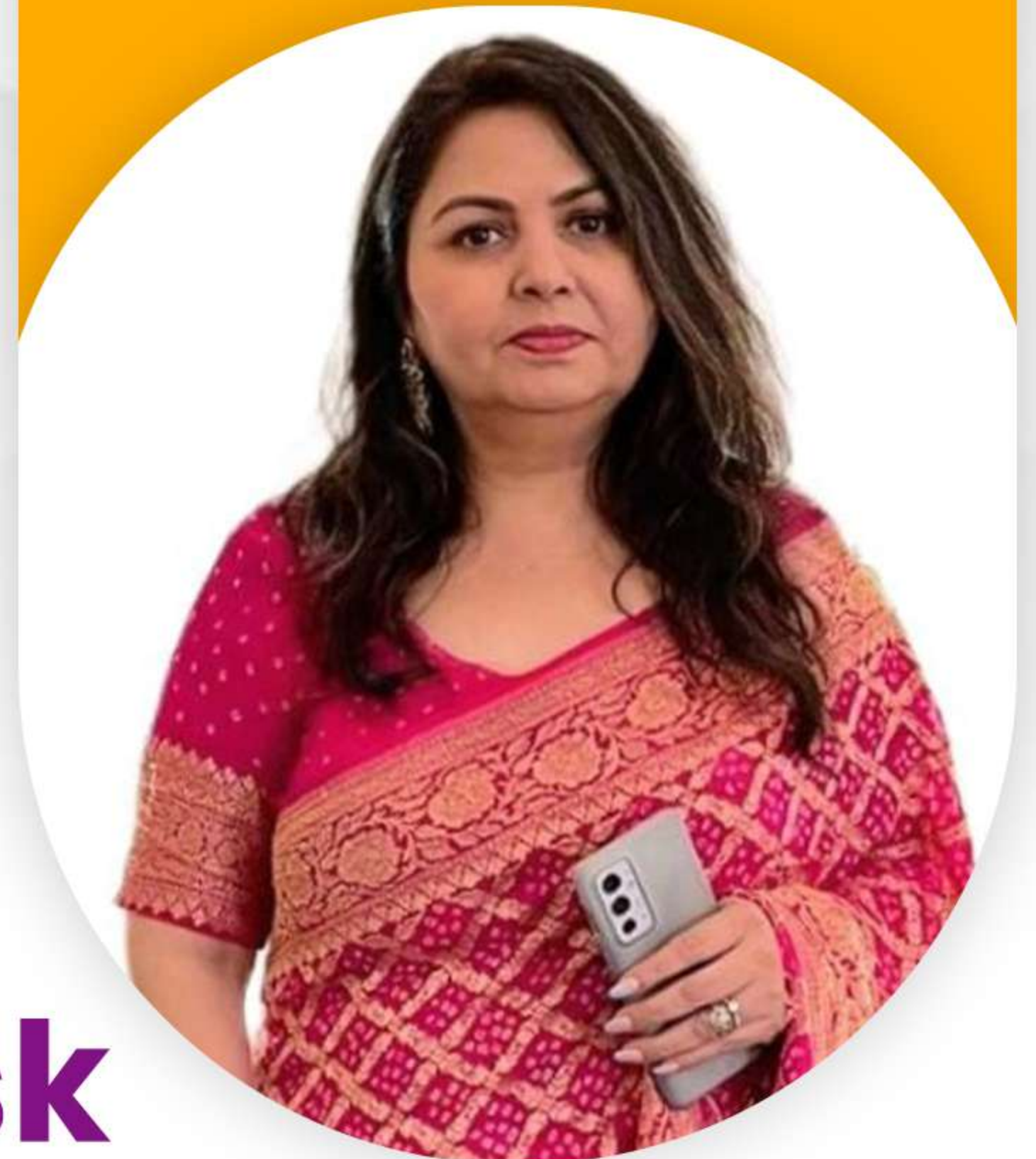
We are almost towards the end of this calendar year. The year has seen highs and lows, and we have grown together as a unit. I feel extremely privileged and proud to be a part of this family. The month of November touched upon glaring issues like Elimination of violence against women and girl children, Cancer Awareness and also skill development and engagement for the elderly. These are meaningful initiatives that had been taken by our club, and we are overwhelmed with the love and support that we have been receiving, it keeps us going and growing. We have been really busy with the setting of the Operation Theatre at Joynagar Hospital, it is our biggest fundraising event for the year and we look forward to your support, love and contribution to make it a success.

The month of December, being known as the month of fun and frolic, we look forward to cherish memories together and spread happiness and love. We shall welcome 2023 with a new set of promises and dreams, to eradicate pain and sufferings.

Stay safe and take care!!

Enjoy the winter season, wishing our dear readers and members a Merry Christmas and a Happy New Year in advance!!

**-Rohit Raj Ghosh | Newsletter Editor| RY 2022-23**



## From the President's Desk

Greetings to my dear fellow Rotarians and club members.

November has been a month, of planning and reaching out to people for our charity fundraising event towards the construction of operation Theatres in Joynagar General Hospital, which involved lots of challenges and lots of learning as well.

For me, being involved in such activities and cause has given me many insights and ability to look at the problems and situations differently.

Apart from this we also had some meaningful awareness session, like Stop Violence on 25th of November to observe the day Elimination of violence against women and girls.

We have also initiated an ongoing awareness session on cancer in collaboration with the Rotary club of Calcutta Midtown, to spread cancer awareness in various slums all over Bengal.

Come December, we would be looking forward for some more fun filled and fellowship events along with the social projects.

I would encourage each one of my club members to get involved in club events and also share with us any ideas and suggestions regarding the club events to help the club grow. We will try to incorporate them and make the events more meaningful.

Till then stay tuned  
Stay safe and stay happy.

Thanking you  
Regards  
**Rtn Reshma Narwani**  
President 22-23



# Rotary Club of Kolkata Benevolence

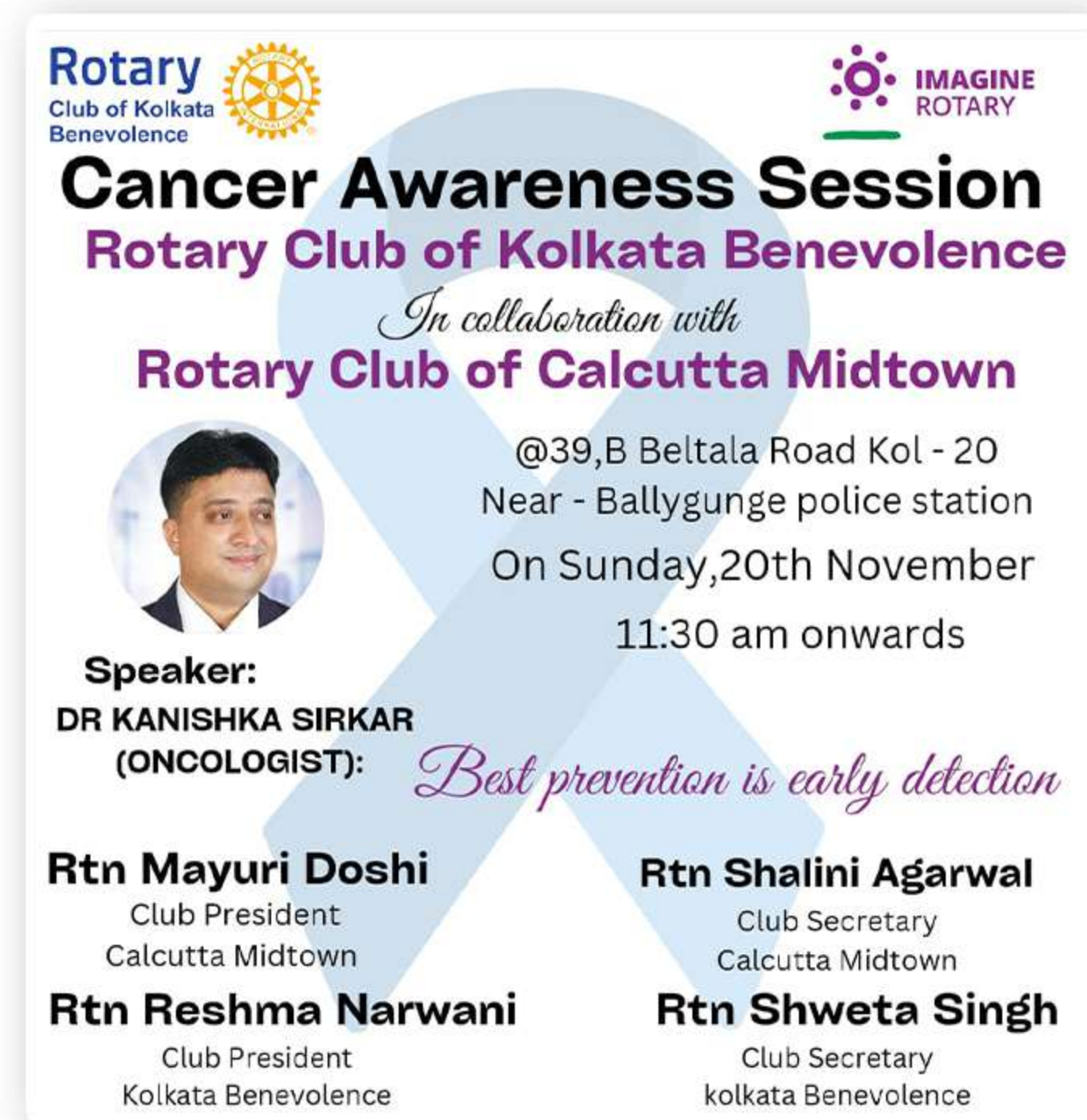
## List of events for November 2022

Sl. No	Event's Name	Event's Date
1.	Cancer Awareness Session in collaboration with RC Calcutta Midtown at Pyarabagan Slum	20 <sup>th</sup> November 2022
2.	Distribution of Spectacles for RotaVision Activity	20 <sup>th</sup> November 2022
3.	Activism to end violence against women and girls session	25 <sup>th</sup> November 2022
4.	Senior Citizen Program	29 <sup>th</sup> November 2022

# OUR PROJECTS EXECUTED DURING THE MONTH OF NOVEMBER 2022

## CANCER AWARENESS SESSION IN COLLABORATION RC CALCUTTA MIDTOWN

On 20<sup>th</sup> November our club in collaboration with Calcutta Midtown had initiated a cancer awareness program that would be carried out every month across various slums in Kolkata. We had renowned Oncologist, Dr. Kanishka Sirkar, to speak for our session and educate the people about the deadly disease.



Rotary Club of Kolkata Benevolence

**Cancer Awareness Session**  
Rotary Club of Kolkata Benevolence

*In collaboration with*  
**Rotary Club of Calcutta Midtown**

@39,B Beltala Road Kol - 20  
Near - Ballygunge police station  
On Sunday, 20th November  
11:30 am onwards

**Speaker:**  
**DR KANISHKA SIRKAR**  
(ONCOLOGIST): *Best prevention is early detection*

<b>Rtn Mayuri Doshi</b> Club President Calcutta Midtown	<b>Rtn Shalini Agarwal</b> Club Secretary Calcutta Midtown
<b>Rtn Reshma Narwani</b> Club President Kolkata Benevolence	<b>Rtn Shweta Singh</b> Club Secretary kolkata Benevolence

The first session was conducted at Pyrabagan slum, and it was addressed to around 60 beneficiaries from the place. We had also distributed first aid boxes to each family. It was a much needed initiative, and our first step to create awareness about this deadly disease.



# OUR PROJECTS EXECUTED DURING THE MONTH OF NOVEMBER 2022

## SPECTACLE DISTRIBUTION FOR ROTA VISION BENEFICIARIES



Back in September, our club in association with Rotary International 3291 District and Rotary Club of Ballygunge had conducted Rota Vision, which dealt in free eye check-ups. On 20th November, we had been to Pyarabagan slum, where we distributed free spectacles for the beneficiaries. We extend our heartfelt gratitude to our club President, Rtn. Reshma Narwani, Rtn. Shweta Singh and Rtn Bijal Kabra for successfully pulling off the event. This gesture was immensely acknowledged and appreciated by the beneficiaries and their families.



# OUR PROJECTS EXECUTED DURING THE MONTH OF NOVEMBER 2022

## UNITE ! ACTIVISM TO END VIOLENCE AGAINST WOMEN AND GIRLS

Violence against women and girls (VAWG) is one of the most widespread, persistent and devastating human rights violations in our world today, which remains largely unreported due to the impunity, silence, stigma and shame surrounding it. To create this awareness our club had partnered with IIMC, (Institute of Indian Mother and Child, Sonarpur) and had observed, Elimination of violence against women and girls, a movement to “Stop violence against women and girls”. The event was held on 25th November at IIMC Campus, Sonarpur.



**Rotary** Club of Kolkata Benevolence

**IMAGINE** ROTARY

**Rotary Club of Kolkata Benevolence**  
Partners with IIMC

**IIMC MISSION**  
INSTITUTE FOR INDIAN MOTHER & CHILD, SONARPUR, KOL-700150.

**UNITE! Activism to end violence against women and girls**

Organised by  
IIMC WOMEN PEACE COUNCIL

**25th November 2022**  
2 pm onwards

@IIMC indoor campus  
sonarpur

**STOP VIOLENCE AGAINST WOMEN**

**Orange the world**

Rtn Reshma Narwani  
Club President

Rtn Shweta Singh  
Club Secretary



# OUR PROJECTS EXECUTED DURING THE MONTH OF NOVEMBER 2022

## SENIOR CITIZEN WEEKLY CLASS INAUGURAL SESSION

On 29<sup>th</sup> November, our club had partnered with Centre Point (Physio Therapy and rehab clinic) in a wonderful initiative with a weekly program for Senior Citizens, where their physical and mental health will be taken care of. The first inaugural session was free, and the event was graced by Dr. Shivaji Bhattacharjee as the speaker. The event highlighted on the concept of positive ageing, which means to maintain positive attitude in older age. Older people possess the skills, knowledge and acumen to contribute as valuable resources for the society. It is a wonderful initiative directed towards senior members in the family, to help them keep active, busy and take care of their mental wellbeing.



Rotary Club of Kolkata Benevolence  
*Collaborates with*  
**CENTRE POINT (Physio therapy and rehab clinic)**  
*Presents*

**Senior citizens Circle**  
*Weekly class*

**Speaker**  
Dr Shivaji Bhattacharjee

**Launching date :**  
29 November  
**Time 6 pm-7 pm**  
**Venue: Daga Kunj**  
25/1 Ballygunge Circular road, Kolkata

**All are Welcome**  
For inaugural session

**RSVP**  
9874557022  
90073 16995

**Chief guests**  
Shri Sudhir Jalan  
Businessman &  
Ex President FICCI  
Smt Alka Jalan  
Physiotherapist &  
Founder Trustee  
Alka Jalan Foundation  
Ms Darshan Shah  
Textile Entrepreneur  
Weavers Studio

**Will include:**  
- Detailed medical history  
- Individual physical examination  
- education and learning skills through exercises for:  
• Vision  
• Hearing  
• Urine incontinence  
• Nutrition  
• Prevention of injury and fractures  
• Fall prevention programs  
• Improvement of strength, movement and mobility through exercises  
• Osteoporosis programs  
• Preventative health





# EXPRESSIONS

## SOMEONE FROM THE HUDDLE OF CORPORATE WORKERS...

**-RTN. SANHITA KARMAKAR**

In the beginning, I am thankful to the members of the council of 1989 who had voted to include women in Rotary clubs worldwide. After that, Rotary International got its first-ever women president in 2022-23. I felt so lucky on the day I came to know that I would be a part of this historic movement.



PHOTO COURTESY- THE ASTERISK

I, Sanhita Karmakar, a humanitarian, a human transformation coach, a strategist, a design-thinker, a courageous public speaker, a growth catalyst, a risk taker, a Single-n-Positive parent, joined in Rotary Club of Kolkata Benevolence in February 2022. Though the procedure got initiated in December 2021 at a TedX event through a meeting with Mr. Kaushik Sen, the then-president of the club. I was completely unaware of what Rotary does at that time. Thanks to Rotary.org which became my handbook for the next few days to know about Rotary and its services. And then I found it might be a good place for me. Taking a step backward, before meeting Mr. Kaushik Sen, I was already got selected as Ms. India United Nations 2023 finalist and was in the position of Advisory-Fund Raising of one NGO -My Abhilasha. The other one was yet to come into the picture.



PHOTO COURTESY- THE ASTERISK

Surely, the Rotary - Serves to change a life - Imagine Rotary there will be no child sleeping starved - leadership building - networking - and moreover, connecting with people of a similar mind-set made some differences.

And the journey started as a Rotarian. Fellowship during Basanta Utsav, traveling to the computer centres and schools aided by Rotary Clubs, and attending the district conference in 2022, the event lists grow longer and the circle increases. In the meantime, I started learning about various rules and regulations of Rotary which indeed helped me in cracking my interviews in the United Nations National pageants. And the other NGO - Samhati where I am the Admin Advisor - got sponsored by Rotary and became the RCC.

The Wow moments - The two great motivators I met here - are Iron Lady Kiran Bedi & the mountaineer, Piyali Basak.

The Vision - Like Piyali Basak always carries the wheel of the Rotary with her, it will be a dream come true if the Rotary wheel can be shown to Lima, Peru, in November 2023 along with the Indian Flag.



PHOTO COURTESY- THE ASTERISK



PHOTO COURTESY- THE ASTERISK



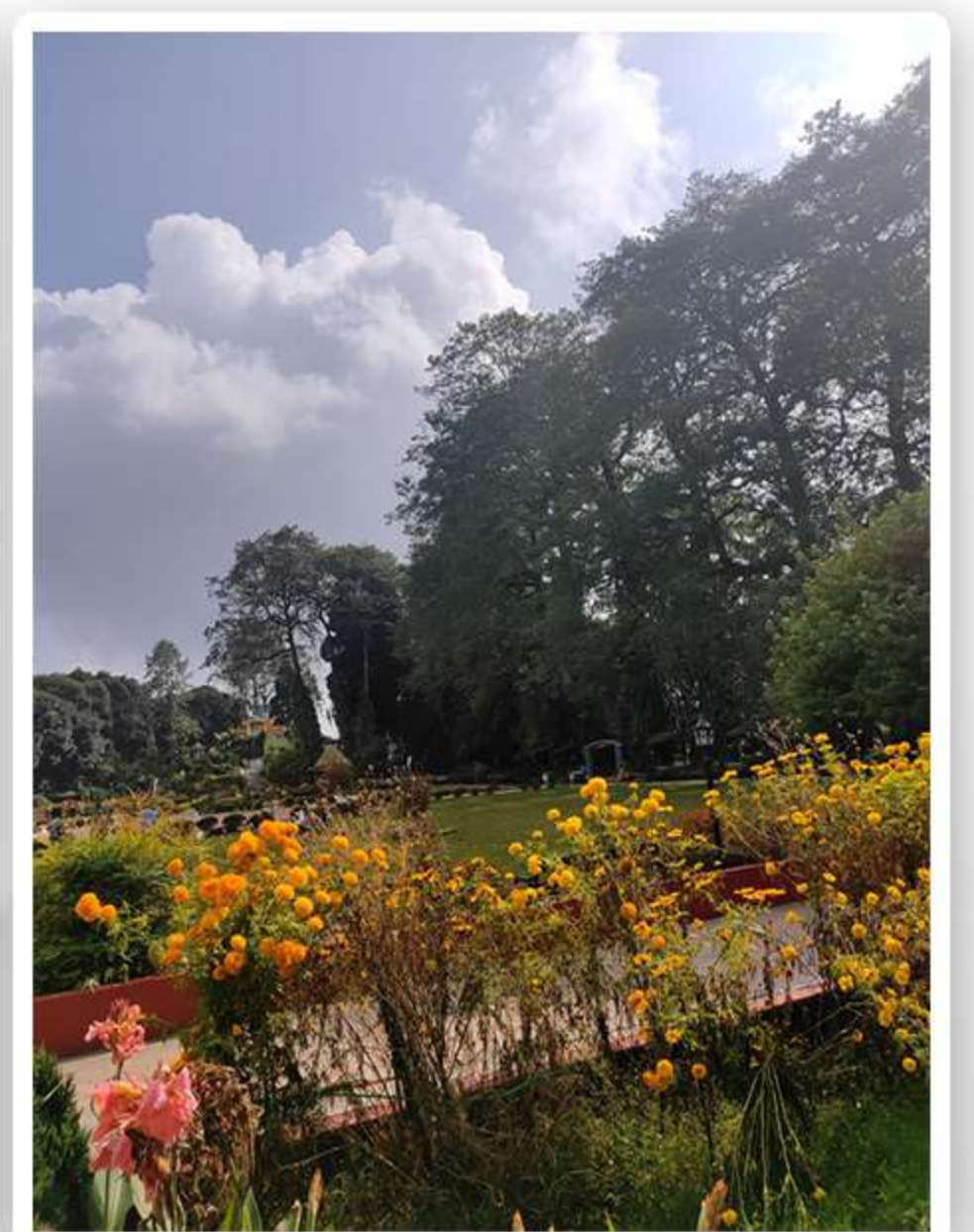
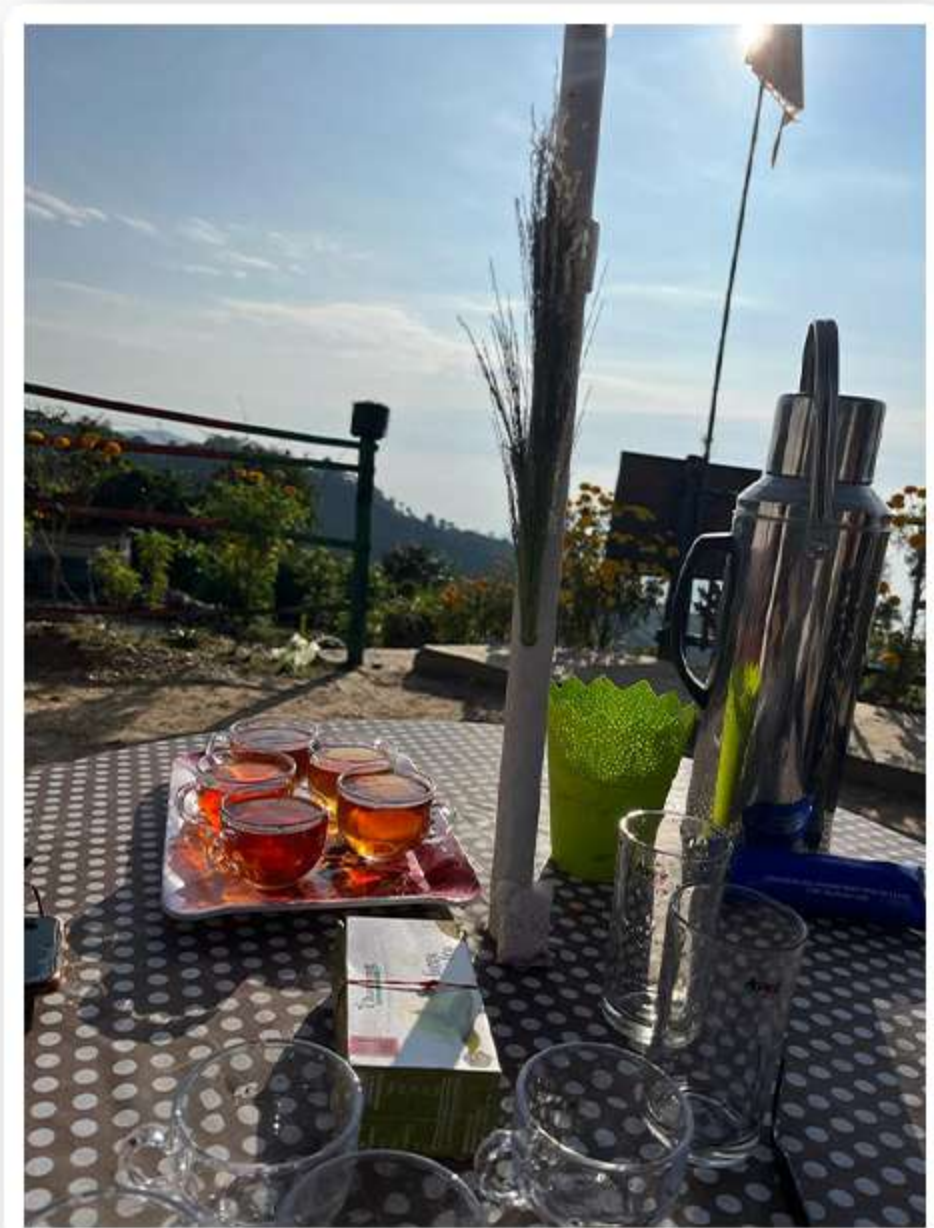
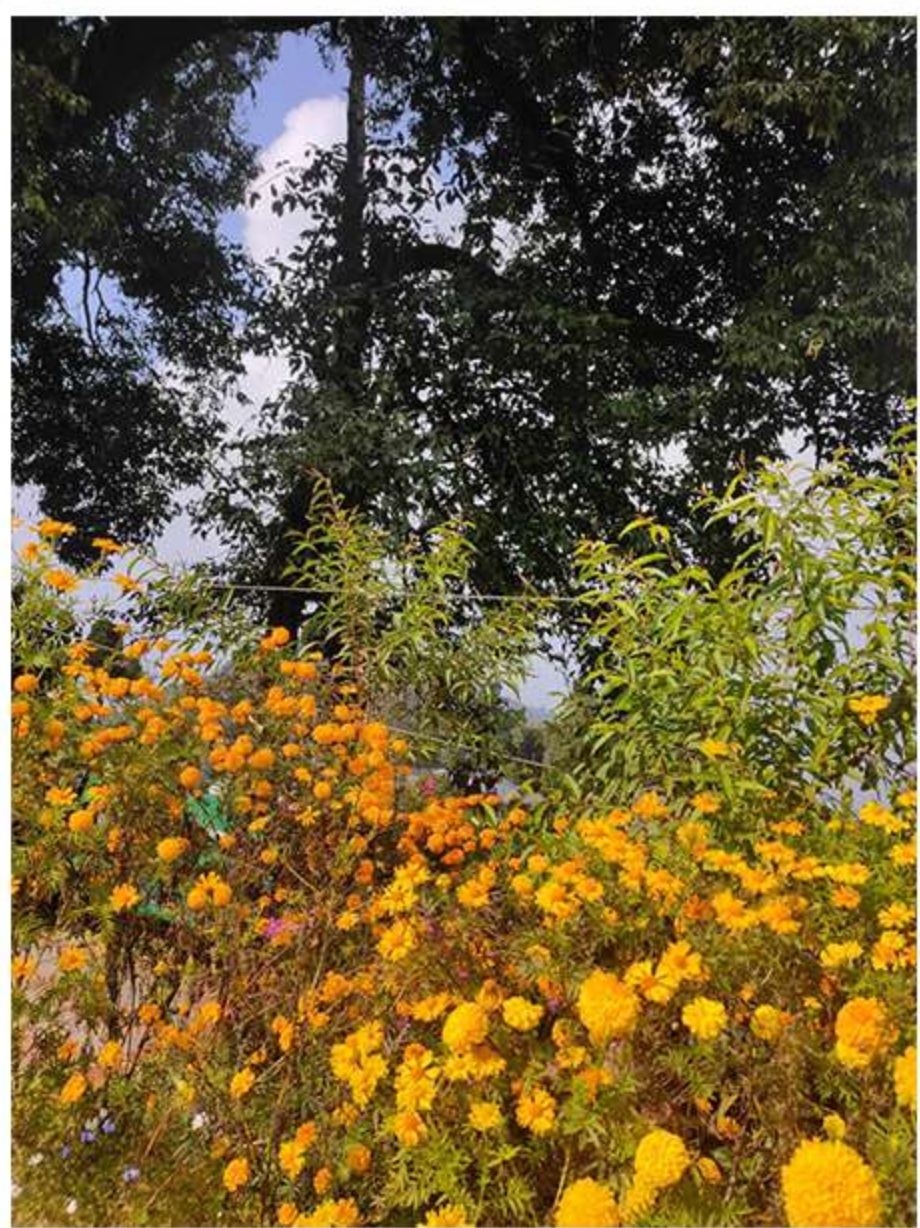
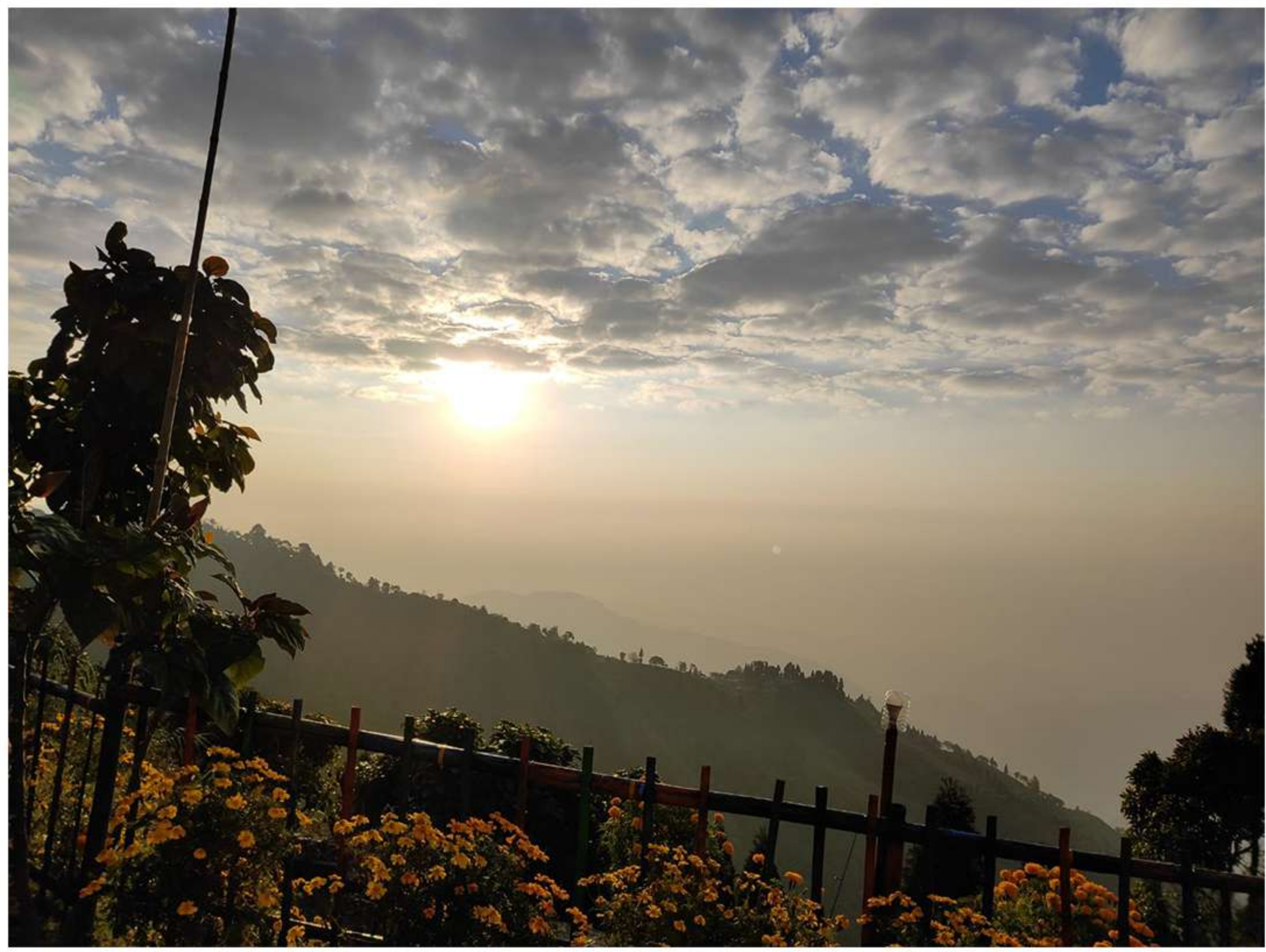
PHOTO COURTESY- THE ASTERISK



# EXPRESSIONS

SOLACE IN THE LAP OF THE MOUNTAINS...

-RTN. PIYALI GHOSH





# CLUB BOARD MEMBERS 2022-23



**RESHMA NARWANI**  
PRESIDENT



**CHANDAN GUPTA**  
VICE PRESIDENT



**SHWETA SINGH**  
SECRETARY



**NEERAJ KEJRIWAL**  
TREASURER



**BIJAL KABRA**  
CLUB ADMINISTRATION CHAIR



**KAUSHIK SEN**  
CLUB MEMBERSHIP CHAIR & IPP



**ADITI JHUNJHUNWALA**  
CLUB JOINT SECRETARY



**SRYASHI MEHROTRA**  
CLUB SERVICE PROJECTS CHAIR



**SAURABH KAYAN**  
RCC CHAIR



**SANJAY JAIN**  
THE ROTARY FOUNDATION CHAIR (TRF)



**DR. CHITRA SEN**  
CLUB LITERACY CHAIR



**TARAKJIT SAHA**  
CLUB FELLOWSHIP CHAIR



**PAULAMI NIYOGI**  
CLUB VOCATIONAL SERVICE CHAIR



**ASHISH KHANDELWAL**  
CLUB FINANCIAL LITERACY CHAIR



**AYINDRILLA BHATTACHARYA**  
CLUB YOUTH SERVICE CHAIR



**PIYALI GHOSH**  
CLUB CULTURAL CHAIR



**SANHITA KARMAKAR**  
CLUB INTERNATIONAL SERVICE CHAIR



**ROHIT RAJ GHOSH**  
NEWSLETTER EDITOR



# Merry Christmas

& HAPPY NEW YEAR



May the Christmas Season bring  
only happiness & joy to you and your family

THIS BULLETIN IS

COMPOSED AND EDITED BY  
ROHIT RAJ GHOSH

*Dwarik's*  
GRANDSONS

DESIGNED BY  
PAULAMI NIYOGI

 Paulami Niyogi  
Consulting

PUBLISHED BY

TARAKJIT SAHA

 **POWERPLAY**<sup>®</sup>  
Experiential Marketing & Communications

[www.powerplayemc.com](http://www.powerplayemc.com) | +91-901181111

