

Rotary
Club of Kolkata
Benevolence



Mudita

NEWSLETTER

**ROTARY CLUB OF
KOLKATA BENEVOLENCE**



**DISTRICT 3291
CLUB NO. 222538**

**MARCH 2024
VOLUME 3
ISSUE NO 8**

MARCH, 2024



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HAPPY BIRTHDAY



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RTN. GORDON R MCINALLY
R.I. PRESIDENT 2023-24



RTN. HIRALAL YADAV
DISTRICT GOVERNOR 2023-24

RTN. CHANDAN GUPTA
CLUB PRESIDENT 2023-24



RTN. YOGITA KICHLU
CLUB VICE PRESIDENT 2023-24
PRESIDENT ELECT 2024-25



RTN. BIJAL KABRA
CLUB SECRETARY



RTN. PRAVEEN BAID
CLUB JOINT SECRETARY



RTN. NEERAJ KEJRIWAL
CLUB TREASURER



RTN. KAUSHIK SEN
FOUNDER PRESIDENT 2021-22



RTN. RESHMA NARWANI
IMMEDIATE
PAST PRESIDENT 2022-23



RTN. TARAKJIT SAHA
PRESIDENT ELECT 2025-26



LEADERSHIP TEAM

Rotary
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CREATE HOPE
in the **WORLD**

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CLUB SECRETARY

RTN. BIJAL KABRA

CLUB TREASURER

RTN. NEERAJ KEJRIWAL

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RTN. KAUSHIK SEN

CLUB FELLOWSHIP CHAIR

RTN. TARAKJIT SAHA

CLUB LITERACY CHAIR

RTN. RUPLEKHA SINHA ROY

CLUB RCC CHAIR

RTN. DR. CHITRA SEN

CLUB ENVIRONMENT CHAIR

RTN. SAURABH KAYAN

CLUB SPORTS CHAIR

RTN. SURAJ AGARWAL

URJA PROJECT HEAD

RTN. SAHANA

CLUB PUBLIC IMAGE CHAIR

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CLUB VICE PRESIDENT

RTN. YOGITA KICHLU

CLUB JOINT SECRETARY

RTN. PRAVEEN BAID

CLUB SERVICE PROJECT CHAIR

RTN. RESHMA NARWANI

CLUB ADMINISTRATION CHAIR

RTN. SHWETA SINGH

THE ROTARY FOUNDATION CHAIR (TRF)

RTN. SANJAY JAIN

CLUB NEWSLETTER EDITOR

RTN. SOUMIK KUMAR

**CLUB INFORMATION AND COMMUNICATION
OFFICER (CICO)**

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CLUB VOCATIONAL SERVICE CHAIR

RTN. PAULAMI NIYOGI

CLUB FINANCIAL LITERACY CHAIR

RTN. ASHISH KHANDELWAL

CLUB CULTURAL COMMITTEE CHAIR

RTN. PIYALI GHOSH

CLUB FUND RAISING CHAIR

RTN. SIDDHARTH KARNANI

BOARD MEMBERS



Kaushik Sen
Financial Markets Professional
& Author, Working in Aditya
Birla Capital



Reshma Narwani
Counsellor, Business and
Social Activist



Shweta Singh
Science Teacher at R.N. Singh
Memorial School



Neeraj Kejriwal
Practising Chartered
Accountant and Insolvency
Professional



Sanjay Kumarr Jain
Practising Chartered
Accountant



Chandan Gupta
Director at RG SAGA Exports
Pvt Ltd. and Trustee at Wild
Earth Foundation



Bijal Kabra
Diet Consultant, Alternative
Therapy Healer and Soft Skills
Trainer



Yogita Kichlu
Fashion Designer & Trustee of
Pt. Ravi Kichlu Foundation



Poulami Niyogi
Digital Marketing Consultant,
Corporate Trainer and Life
Coach



Tarakjit Saha
Event Planner and Founder of
Powerplay



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Owner of S Casuals - Ladies
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Car Cleaning Services,
Founder of Wheelzy



Ashish Khandelwal
Director at Balaji Nivesh Pvt.
Ltd



Dr. Chitra Sen
Author, Trainer, Speaker &
Life Coach



Ayindrila Bhattacharya
Co Founder of Spacebox
Interior Design Studio & Partner
of The 7th House Events



Pawan Dalmia
Practising Company Secretary



Aditi Jhunjhunwala
Practising Company Secretary



Piyali Ghosh
Painter and Reciter



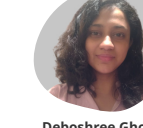
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IT Professional



Rohit Raj Ghosh
Tax Analyst at Ernst & Young
Global Delivery Services



Suraj Agarwal
Chartered Accountant and
Loan Consultant



Deboshree Ghosh
Founder of Delivery only
Restaurants, The Baker's
House and Awesome Foods



Bikash Agarwal
Director at J.K. Engineering
Pvt. Ltd. and Founder of Apni
Roti



Dr. Abhimanyu Bishnu
Physician and Healthcare
Administrator



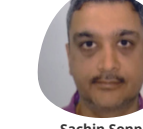
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Deepak Kumar Singhal
Practising Chartered
Accountant



Amit Maity
Jewellery Business



Alok Kumar Sanyal
Asst. Commissioner Police -
Traffic



Somesh Nandy
NA



Ruplekha Sinha Roy
Social Activist



Shweta Agarwal
Social Activist



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Navin Mishra
CMD - Metallion Holdings Ltd



Dr. Debtanu Barman
Fisheries Consultant, Founder
- Aqua Doctor Solutions



Tanmoy Pandit
CEO at Pandit Hotels &
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Sudhir Bhattacharya
Civil Engineer / Architect



Namita Ray
Loan Consultant, Director -
Prostar Finserve Pvt Ltd



Srinjoy Sen
Travel Consultant, Partner - 3S
Travel Network



Lakshya Jaiswal
MD - EVO Bearings and
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Abhirup Banerjee
HR Trainer, Founder - Grip
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Kallol Kumar Ganguly
Share Trading, Owner of The
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MEMBERS



Happy Birthday!



Deepak Kumar Singhal.....	March 01
Ayindrila Bhattacharya.....	March 04
Srinjoy Sen.....	March 06
Aditi Jhunjhunwala.....	March 08
Anand Gupta.....	March 24
Shweta Agrawal.....	March 27



Rotary
Club of Kolkata
Benevolence



Dear Members,

As we usher in the month of March, we are reminded of the transformative power of unity, compassion, and service. The Rotary Club of Kolkata Benevolence continues to embody these values, making a positive impact in our community and beyond.

In this edition, we highlight the spirit of Women's History Month and celebrate the achievements and contributions of women in our club and society. From empowering women through vocational training to honoring their resilience and strength, we recognize the pivotal role they play in shaping a more inclusive and equitable world.

March also marks the observance of World Water Day, a reminder of the importance of water conservation and access to clean water. Our ongoing projects, such as the Rotary Ganga Abhijan Initiative, underscore our commitment to environmental sustainability and stewardship.

As we continue our journey of service, let us remain steadfast in our dedication to making a difference. Whether through community projects, fundraising efforts, or advocacy campaigns, every action we take brings us closer to our goal of a better, brighter future for all.

I extend my gratitude to our members, partners, and supporters for their unwavering support and dedication. Together, we are truly making a difference in the world.

With warm regards,

Yours in Rotary,

RTN Soumik Kumar
Editorial Chair
Rotary Club of Kolkata Benevolence

FROM THE EDITOR'S DESK



Dear Members,

It is with immense pride and gratitude that I reflect on the impactful projects undertaken by the Rotary Club of Kolkata Benevolence in the month of February 2024. Through our collective efforts and unwavering commitment to service, we have continued to make a meaningful difference in the lives of those in need. Our Health Camp on February 10th was a resounding success, providing much-needed medical assistance and health education to the underprivileged in our community. The distribution of Books on Organic Farming on the same day furthered our commitment to sustainable agriculture and environmental stewardship.

The "Adopt a River" initiative on February 10th was a significant step towards preserving our natural resources, highlighting our dedication to environmental conservation. Similarly, the Organic Farming project on February 11th emphasized our commitment to promoting sustainable farming practices for a healthier planet. Mental Health Awareness on February 13th was a crucial effort to destigmatize mental health issues and promote well-being in our community. Our participation in "Life Beyond Cancer," a district project, on February 15th, underscored our support for cancer survivors and their families, offering hope and encouragement. The Seminar on Fish Hatchery on February 23rd provided valuable insights into sustainable aquaculture practices, aligning with our commitment to food security and responsible resource management. Lastly, the Breast Cancer and Cervical Cancer Awareness Camp on February 24th highlighted our efforts to raise awareness about preventive healthcare and women's health issues. I extend my heartfelt thanks to each and every one of you for your dedication, passion, and unwavering support. Together, we are making a difference, one project at a time.

Yours in Rotary,

RTN Chandan Gupta
President, **Rotary Club of Kolkata Benevolence**



PROJECTS FOR THE MONTH OF FEBRUARY 2024

February 10

Health Camp

February 10

**Books on Organic
Farming**

February 10

Adopt a River

February 11

Organic Farming

PROJECTS FOR THE MONTH OF FEBRUARY 2024

February 13

Mental Health Awareness

February 15

**Life Beyond Cancer, a
district project**

February 23

**Seminar on Fish
Hatchery**

February 24

**Breast Cancer and
Cervical Cancer
Awareness Camp**



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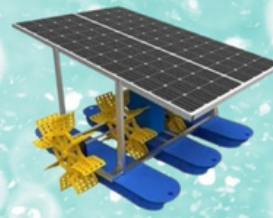
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HEALTH CAMP

10 FEBRUARY 2024



On February 10th, 2024, the Rotary Club of Kolkata Benevolence partnered with Ramdhanu, a local community development center, to orchestrate a health camp on Gplot Island in Sunderban, West Bengal. This collaborative effort aimed to extend healthcare services to marginalized farmers, villagers, fishermen, and their children.

The camp, graced by two general physicians and a dentist, provided invaluable health check-ups and essential medicines completely free of charge. The villagers were deeply appreciative of the initiative, recognizing its profound impact on their well-being.

Moved by the tangible benefits they received, the villagers voiced a heartfelt plea for more frequent and regular health camps in the future, underscoring the pressing need for sustained healthcare support in their community.





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BOOKS ON ORGANIC FARMING

10 FEBRUARY 2024

The Rotary Club of Kolkata Benevolence is steadfast in its commitment to promoting and fostering sustainable practices in organic farming and fish farming. We firmly believe that agriculture forms the bedrock of our society, and embracing sustainable and ethical practices is paramount to ensuring its longevity.

Our support spans a myriad of projects across West Bengal, with a focus on organic farming, fish farming, reduction of chemical usage, and the preservation of traditional methods. Recognizing the wealth of expertise both within and beyond our club, we have made the decision to compile and publish a comprehensive book that shares invaluable knowledge in the realms of organic farming and fish farming.

We earnestly aspire for this book to serve as a valuable resource for farmers, students, fellow Rotary Clubs, and stakeholders alike, fostering greater understanding and adoption of sustainable agricultural practices for the betterment of our communities and environment.



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ADOPT A RIVER

10 FEBRUARY 2024

The pioneering initiative known as Community Action for Fresh Water (CAFW) stands as Rotary's flagship collaboration with the United Nations Environment Programme (UNEP). This program serves as a catalyst, bringing together Rotary members, local communities, and partners to prioritize the protection, restoration, and sustainability of freshwater ecosystems, all within the broader environmental context.

Established in 2023, this strategic partnership underscores Rotary's global commitment to environmental stewardship. CAFW builds upon the successes of Rotary members involved in the "Adopt a River for Sustainable Development" pilot program, integrating valuable lessons learned while advancing efforts towards the preservation and enhancement of freshwater ecosystems.

In alignment with this commitment, the Rotary Club of Kolkata Benevolence from District 3291 embraced the noble responsibility of adopting the Jaggatdal River in the Indian Sunderbans. This river, flowing into the Bay of Bengal, symbolizes a vital lifeline for the region's ecological balance. The adoption ceremony took place on February 10th, marking a significant step towards the collective goal of safeguarding our precious freshwater resources.



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ORGANIC FARMING

11 FEBRUARY 2024

The Rotary Club of Kolkata Benevolence, through its unwavering commitment to benevolence, champions ethical, sustainable, and indigenous farming practices. In furtherance of this dedication, a hands-on workshop on organic farming took place on February 11th at G Plot Island, Sunderban, in collaboration with the local community center, Ramdhonu. The workshop aimed to empower attendees with the knowledge and skills to craft organic fertilizers and insect repellents using commonly available household items in the village.

As part of its outreach, the club generously distributed vegetable seeds, including brinjal, ridge gourd, and okra, to farmers and homemakers, fostering a comprehensive approach to agricultural sustainability. Furthermore, a small-scale model kitchen garden was established to vividly illustrate the tangible benefits and positive outcomes associated with embracing organic farming techniques



MENTAL HEALTH AWARENESS

13 FEBRUARY 2024

On February 13th, the Rotary Club of Kolkata Benevolence partnered with the Kolkata Police to organize a mental health and stress management session specifically tailored for the Kolkata Police Traffic Division. The event saw the presence of Deputy Commissioner Shri Amit Kumar Shaw IPS TP South, Assistant Commissioner of Police and club member Rtn Alok Sanyal, and Ms. Arpita Chatterjee, Chair of the Mental Health Committee in District 3291.



Led by Dr. Disha Mukherjee, a seasoned consultant psychiatrist, and Ms. Ishita Sanyal, an experienced psychologist, the session delved into addressing the inherent stress and physical demands associated with policing duties. Officers acknowledged the significant benefits gained from the techniques shared during the session and expressed a keen interest in having regular follow-up sessions to effectively manage work-related stress and depression.



LIFE BEYOND CANCER - A DISTRICT PROJECT

15 FEBRUARY 2024

Rotary District 3291 recently held its annual fundraiser, "Life Beyond Cancer," on February 15, 2024, in support of children fighting this devastating illness. The Rotary Club of Kolkata Benevolence, a consistent co-host, played an integral role yet again. Through unwavering dedication to combatting cancer via diverse projects, "Life Beyond Cancer" has emerged as a pivotal initiative, offering enduring support to affected children.



The event featured a cultural segment showcasing distinguished artists, providing a deeply enriching experience for attendees. With captivating performances, including those by cancer survivors, the event took on a poignant and inspiring tone, leaving the audience both entertained and deeply moved by the resilience displayed by the children.



SEMINAR ON FISH HATCHERY

23 FEBRUARY 2024

In partnership with the Prameya Foundation, the Rotary Club of Kolkata Benevolence organized a seminar on fish farming for 44 women in Jhorkhali, Sunderbans, on February 23, 2024. This insightful session covered essential topics such as selecting fingerlings, ensuring proper nutrition, and managing fish health and common diseases. The primary focus was on empowering local women through the establishment of a fish hatchery, providing them with a sustainable livelihood by breeding and selling fish fingerlings.

Our club remains steadfast in its commitment to guide and support the implementation of this technology-driven hatchery. Led by Dr. Debtanu Barman, a distinguished aquaculture expert and club member, the seminar not only imparted knowledge but also laid the foundation for the hatchery's successful establishment.

Furthermore, we were honored to host Rotarian Nico Korswagen from the Rotary Club of Ermelo-Putten, Holland, as a guest of the Rotary Club of Kolkata Benevolence. His presence added valuable insights and encouragement as he addressed the audience, reinforcing our collective dedication to enhancing the livelihoods of local villagers.





BREAST CANCER & CERVICAL CANCER AWARENESS CAMP

24 FEBRUARY 2024

Demonstrating unwavering commitment to community health, the Rotary Club of Kolkata Benevolence organized a profound awareness camp on February 24, 2024, focusing on cervical and breast cancer for sex workers in the Kalighat area. Esteemed medical professionals, Dr. Rooplekha Dey and Dr. Mukti Roy, graced the event with their expertise.

During the session, the doctors illuminated the insidious nature of cervical cancer, often lurking symptom-free until reaching advanced stages. Urging the importance of regular screenings, they sought to instill a sense of urgency among attendees. For breast cancer, emphasis was placed on the criticality of self-examinations and mammograms, accompanied by a detailed explanation of how early detection can be a lifesaver.

Moreover, the doctors delved into common symptoms and causes, shedding light on issues such as limited access to healthcare, poor nutrition, and lack of awareness. Through this enlightening initiative, the Rotary Club of Kolkata Benevolence aimed to empower and safeguard the health of the community.





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